

Pre-op instructions

Please read carefully

01

General pre-surgical instructions

- Clean your mouth and teeth prior to surgery
- Dress comfortably
- Plan for a soft diet for the recommended duration after your surgery
- If given permission to continue your prescribed medications, you may take them with a small sip of water
- Inform your surgeon if you feel ill, are heavily congested, have a productive cough, or experience nausea or diarrhea

02

Sedation/general anesthesia instructions

- Follow all general instructions above
- No food or dairy products should be consumed for 6 hours prior to surgery
- Water can be consumed in small sips up to 2 hours prior to surgery
- Ensure a responsible adult is present in the office during your surgery and available to drive you home afterward
- Minors (under age 18) must have a parent or legal guardian present at the time of surgery
- Do not wear jewelry, nail polish, or contact lenses

For questions or concerns, please contact the office:

909-606-0160